

Pos	Time	No	Name	Club
1	00:15:19	8	Eleanor Sherrard Smith	Swansea
2	00:17:00	2	Alison Hurford	Bristol & West
3	00:17:50	1	Samantha Talor	
4	00:21:12	7	Ellie Edwards	Menai
5	00:23:50	6	Viv Edwards	Menai