

Cardiff X Challenge 2009 Results - Junior Men

Pos	Time	No	Name	Club
1	00:19:40	9	Calum Hawkins	Scotland
2	00:19:54	8	Chris O'Hare	Scotland
3	00:19:59	7	Scott McDonald	Scotland
4	00:20:03	3	Dewi Griffiths	Dyfed Schools
5	00:20:04	10	Matthew Gillespie	Scotland
6	00:20:13	1	Ricky Challinor	Wales
7	00:20:16	2	Nathan Hardee	Wales
8	00:20:16	166	Adam Bitchell	Dyfed Schools
9	00:20:19	4	Jonathan Hopkins	Glamorgan Valleys Schools
10	00:20:38	13	Patrick Hogan	Athletics Ireland
11	00:20:42	19	Dan King	Ulster
12	00:20:44	34	R. Corbally	Dundrum
13	00:20:48	152	Robert Galt	Gloucestershire Schools
14	00:20:51	15	Patrick Flynn	Athletics Ireland
15	00:20:53	43	Dan Woolford	South West England
16	00:20:57	37	Scott Hawkins	Kilbarchan AAC
17	00:20:59	20	Cian O'Reilly	Ulster
18	00:21:02	32	E Jennings	Dundrum
19	00:21:05	151	Ben Coldray	Gloucestershire Schools
20	00:21:12	46	Richard Peters	South West England
21	00:21:20	21	Chris Johnston	Ulster
22	00:21:29	27	Tomas Cotter	Dunleer AC
23	00:21:33	135	Michael Kershaw	South East Wales Schools
24	00:21:39	25	Alex-James Ward	Dorking & Mole Valley AC
25	00:21:45	22	Michael McKillop	Ulster
26	00:21:48	33	K Jennings	Dundrum
27	00:21:52	14	Liam Tremble	Athletics Ireland
28	00:21:58	44	Davey Platt	South West England
29	00:22:13	169	Nicky Morell	Dyfed Schools
30	00:22:20	28	David Lambe	Dunleer AC
31	00:22:32	168	Jake Watson	Dyfed Schools
32	00:22:39	155	George Livingstone-Thompson	Gloucestershire Schools
33	00:22:44	157	Chalie White	Gloucestershire Schools
34	00:22:45	41	Dan Thomas	Swansea Harriers
35	00:22:45	26	Rob Whitham	Bristol & West AC
36	00:22:53	186	Ashleigh Harper	Cardiff & Vale Schools
37	00:23:00	30	David O'Brien	Dunleer AC
38	00:23:04	178	Joe Beech	Cardiff & Vale Schools
39	00:23:05	174	Joshua Harries	Dyfed Schools
40	00:23:09	156	Joss Cheli	Gloucestershire Schools
41	00:23:10	176	Tom Whitmarsh-Knight	Cardiff & Vale Schools
42	00:23:11	154	Andrew Kaighin	Gloucestershire Schools
43	00:23:12	158	Will New	Gloucestershire Schools
44	00:23:13	190	Jerome Evans	Afan Nedd Tawe Schools
45	00:23:29	189	Chris Driscoll	Afan Nedd Tawe Schools
46	00:23:32	29	John Bingham	Dunleer AC
47	00:23:42	177	David Garner	Cardiff & Vale Schools
48	00:23:53	200	Tom Millar	Afan Nedd Tawe Schools
49	00:24:00	160	Matt Harber	Gloucestershire Schools
50	00:24:20	161	Laurence Hughes	Gloucestershire Schools
51	00:24:27	193	Kieran Mackintosh	Afan Nedd Tawe Schools
52	00:24:35	181	Chris Silver	Cardiff & Vale Schools
53	00:24:46	196	Adam Marshall	Afan Nedd Tawe Schools
54	00:24:55	149	Oliver Cayless	Powys Schools
55	00:25:21	175	Joseff Swain	Cardiff & Vale Schools
56	00:25:39	192	Antonio Cirillo	Afan Nedd Tawe Schools
57	00:25:48	99	Ben Pritchard	Afan Nedd Tawe Schools
58	00:25:53	163	Harry Morgan	Gloucestershire Schools
59	00:26:02	182	Matt Hooper	Cardiff & Vale Schools
60	00:27:45	140	Ben Robb	South East Wales Schools
61	00:28:19	139	Aron Williams	South East Wales Schools
62	00:28:28	187	Rhys Penry Williams	Cardiff & Vale Schools
63	00:28:43	180	Ian Jenkyn	Cardiff & Vale Schools
64	00:29:50	141	Steven Hollingworth	South East Wales Schools
65	00:30:25	142	David Love	South East Wales Schools
66	00:32:25	100	Runner 100	