

## Cardiff X Challenge 2009 Results - Senior Women

Pos	Time	No	Name	Club
1	00:22:24	47	Susie Hignett	Bournemouth AC
2	00:22:48	40	Kate Goodhead	South West England
3	00:23:00	48	Sarah Waldron	Shaftesbury Barnet Harrie
4	00:23:15	13	Sarah L Treacy	Athletics Ireland U23
5	00:23:47	1	Caryl Jones	Wales U23
6	00:23:56	25	Debbie Rees	Wales
7	00:23:58	37	Gladys Ganiel	Northern Ireland
8	00:24:03	29	Mary Ferrier	North of England
9	00:24:04	36	Imogen Ainsworth	South West England
10	00:24:22	8	Eilidh MacKenzie	Scotland U23
11	00:24:29	7	Elsbeth Curran	Scotland U23
12	00:24:38	9	Siobhan Coleman	Scotland U23
13	00:24:39	49	Louise Durman	Stroud & District
14	00:24:44	19	Judy Graham	Ulster U23
15	00:24:49	26	Jessica Leitch	Wales
16	00:24:57	15	Maire Nic Amhlaoibh	Athletics Ireland U23
17	00:25:11	35	Stephanie Barnes	South West England
18	00:25:29	51	Anna Bartlett	Wales
19	00:25:37	41	Julia Cooke	Cheltenham & Birmingham
20	00:26:05	21	Heather McLarnon	Ulster U23
21	00:26:21	20	Karen Crossan	Ulster U23
22	00:26:40	2	Alaw Beynon-Thomas	Wales U23
23	00:26:45	14	Sinead Denny	Athletics Ireland U23
24	00:27:08	4	Claire Conway	Wales U23
25	00:27:44	42	Rachel Baker	UWIC AC
26	00:30:34	3	Leigh Barker	Wales U23
27	00:31:10	45	Adele Potts	UWIC AC