

Senior Men

Senior Men				
Pos	Time	No	Name	Team
1	00:28:12	17	Andy Vernon	Aldershot Farnham & D
2	00:28:41	18	Tom Russell	South West of England
3	00:28:43	12	Peter Riley	North of England
4	00:28:44	46	Alex Hains	Cardiff AAC
5	00:28:45	37	Stephen Scullion	Aldershot Farnham & D
6	00:28:47	29	Kevin Heywood	South West of England
7	00:29:14	11	Alun Buckley	North of England
8	00:29:27	61	Rob Bugden	South West of England
9	00:29:28	1	Rob Samuel	Wales
10	00:29:33	57	Rowan Hooper	New Zealand
11	00:29:39	54	Andrew Rayner	Blackheath & Bromley
12	00:29:41	52	Craig Hopkins	Swansea Harriers
13	00:29:50	5	Owain Matthews	Wales
14	00:29:56	36	James Kelly	Belgrave Harriers
15	00:29:59	48	Andy Nixon	North of England
16	00:30:01	51	Matthew Dumigan	Worthing & District
17	00:30:02	26	Paddy Hamilton	Annadale Striders
18	00:30:05	4	Austin Davies	Wales
19	00:30:10	8	Owain Jones	Wales
20	00:30:28	10	Tom Cornthwaite	North of England
21	00:30:32	2	Andrew Hunt	Wales
22	00:30:43	30	Stephen Dawes	Guernsey AAC
23	00:30:52	7	Nat Lane	Wales
24	00:30:56	69	Rob Whittle	Basingstoke & Mid Hants
25	00:31:02	16	Mark Jenkin	South West of England
26	00:31:18	19	Daniel Woolford	Bristol & West AC
27	00:31:37	6	Ricky Challinor	Wales
28	00:31:45	28	Alan Rowe	Guernsey Island AC
29	00:32:16	63	Lee Ladd	Carmarthen Harriers
30	00:32:27	60	Phillip Parry	Bristol & West
31	00:32:48	20	Stephen Paterson	San Domenico RC
32	00:32:51	65	Lewys Winfield-Young	Cardiff AAC
33	00:33:04	67	Peter Ryder	Cardiff AAC
34	00:33:52	33	Chris Moore	Aldershot Farnham & D
35	00:34:06	42	Leigh Hiscox	Pontypirdd Roadents
36	00:34:42	27	Mark Palsler	Les Croupiers AC
37	00:34:45	68	Daniel Thomas	Swansea Harriers
38	00:36:36	32	Simon Burley	Swindon Harriers
39	00:38:34	49	Frank Handy	New Forest Runners
40	00:41:23	38	Brendan Jones	Les Croupiers RC
41	00:42:24	45	John Magee	Les Croupiers RC
42	00:43:41	70	Angel Lopez	Spain

Last Updated on 24/01/2010

By Author